

Silver Lake Junior Team offers year around tennis training for students ages three to eighteen. We offer beginner classes for every age. Aside from our developmental program that covers all ages, we offer a high performance program for ages ten to eighteen where students set their goals towards college tennis and beyond.

We strive to teach much more than tennis and are proud to offer you a program where our students feel more like a family than opponents. Simultaneously we strive to teach rock solid fundamentals, tactics, mental fortitude, physical fitness, and overall general health.

For Questions, please contact Elliot Beam or Yevgeniy Kolomiyets at 425.745.1617.

Elliot Beam

- Born and raised in the Puget Sound
- Former #1 Junior in the PNW and top 100 in the nation
- USPTA certified for 15 + years
- Passion for coaching players of all ages and levels
- Coached 3A State Champs in singles and doubles and Division 1 and 3 college players
- Enjoys hiking, basketball, golf and watching the Seahawks!

Yevgeniy Kolomiyets

- USPTA Certified Tennis Professional
- NASM Certified Fitness Trainer
- 2019 NWAC Conference Champion in both singles and doubles for Bellevue College
- Competed in entry-level professional tournaments in South Florida
- Continues to play the Open/PNW Tournament circuit



Student Name:
Birth Date:/Age:
Parent Name:
Contact Phone #:
Email Address*:
Emergency Contact Name:
Emergency Contact #:
Important Information For Coaches:
Parent or Guardian Signature:
Class:
Total cost:

Please email:

Elliot Beam at elliotb@columbiaathletic.com or Yevgeniy Kolomiyets at yevk@columbiaathletic.com

*Email address is needed for confirmation purposes. Your email address will not be given to any second party.

Policy and Procedure:

- Students pay for their place in class. Limited number of participants per class. Proration only available when agreed upon in advance. (Example: family vacation, etc)
 - Rationale: Necessary for staffing, and planning purposes.
- 2. Drop-in available ONLY when space allows. Ask Elliot or Yevgeniy before attending class.
- **3.** Payment will be due on or before the first day of class. Pricing will vary depending on the calendar.
- 4. Sessions follow the calendar year and typically run every 4 weeks.
- **5.** Class advancement is primarily done quarterly.
- 6. Non-members who plan to take regular classes need to put a credit card on file by going to the Membership office or our Activity Desk located by the front desk.
- Make-up classes are only possible if there is room in one of the other classes at the same level.





Silver Lake
Junior Tennis Program
Summer 2024



www.columbiaathletic.com





Program Pyramid

Competition 13 – 18 (Silver and Gold):

USTA & UTR tournament players, and Varsity H.S. players. Detailed skill enhancement, point play, mental coaching, fitness and team work built inside of a highly competitive yet cooperative environment.

Developmental 11 – 18 (Orange 2 & Green 2, Purple, Blue, Orange 3, Green 3, Navy):

This section of our program is geared towards recreational players from beginner – intermediate. First time players through high school JV. Skill development, proper footwork, point play, and beyond!

10 & under (Yellow, Red, Orange, Green):

This is our 10 and under beginner – intermediate program. We use USTA standardized appropriate equipment and courts. We work on the motor skills and stroke skills to build a strong and wide foundation for future development. We use partner based drills vs. students standing in lines. They learn to enjoy the "art of the rally."

Summer Camps

Summer quarter starts June 17th. We kick off the summer with one of our 10 Classic Tennis Camps.

Classic Tennis Camp details are listed below.

On the weeks you don't have camp, or maybe the camp schedule doesn't work out we will also have SLJT class options.

If you have any questions about our Junior Tennis Program, please contact either Elliot Beam or Yevgeniy Kolomiyets by email: elliotb@columbiaathletic.com or yevk@columbiaathletic.com.

Daily Camp Schedule:

11:30am – 12:30pm Skill Development: Hands on learning: 6 Primary strokes: groundstrokes, volleys, overhead and serves.

12:30 – 1:30pm Cooperative team drills to practice new skill. Fun competitive team format.

1:30 – 2pm Lunch (Bring own lunch and water).

2–3:30pm Point Play and game based learning. Strategy, mental toughness, and overall match play experience.

Maximum participants: 30 players/5 courts (3 indoor/2 outdoor)

Head Coaches: Elliot Beam and Yevgeniy Kolomiyets

Student/Coach ratio: 6:1

Classic Summer Tennis Camp

Dates: CAMP #1: June 17 – 20 (Mon. – Thurs.)

CAMP #2: June 24 – 27 (Mon. – Thurs.)

CAMP #3: July 1 – 3 (Mon. – Wed., 3-day)

CAMP #4: July 8 – 11 (Mon. – Thurs.), **CAMP #5:** July 15 – 18 (Mon. – Thurs.)

THIS CAMP IS FOCUSED ON

TOURNAMENT PLAYERS

CAMP #6: JULY 22 – 25 (Mon. – Thurs.)

NO Camp: July 29 – August 1

CAMP #7: August 5 – 8 (Mon. – Thurs.),

CAMP #8: August 12 – 15 (Mon. – Thurs.)

THIS CAMP IS FOCUSED ON HIGH SCHOOL AGE

CAMP #9: August 19 – 22 (Mon. – Thurs.)

CAMP #10: August 26 – 29 (Mon. – Thurs.)

Time: 11:30am – 3:30pm

Ages: 8 – 18

Level: Beginner–Intermediate/High School JV

es: \$247 + tax TM/\$296 + tax AM/\$321 + tax NM

Gold* (ages 13 – 18)

Silver* (ages 13 – 18)

Navy (ages 11 – 18)

Orange 3* (ages 7 – 8)

Green 3* (ages 7 – 12)

Blue (ages 14 – 18)

Purple (ages 11 – 13)

Orange 1 (ages 7 – 8)

Orange 2* (ages 7 – 8)

Green 2* (ages 7 – 12)

Green 1 (ages 9 – 10)

Red (ages 5 - 6)

Yellow (ages 3-4)

Summer Quarter Class Schedule

Summer Session 1: June 24 – July 18 (4-week session/8 total classes except for Thursday classes - no class 7/4)

Summer Session 2: July 22 – August 15 (4-week session/8 total classes)

YELLOW: Mon./Wed.,10 – 10:30am

Fees: \$87 + tax TM/\$104 + tax AM/\$113 + tax NM

RED: Mon./Wed.,10:30 – 11:15am

Fees: \$117 + tax TM/\$140 + tax AM/\$152 + tax NM

ORANGE/GREEN: Tues./Thurs.,10:30 – 11:30am

Fees: \$142+tax TM/\$170+tax AM/\$185+tax NM

ORANGE 2*/GREEN 2*: Mon./Wed., 3:30 – 5pm
Fees: \$260 + tax TM/\$312 + tax AM/\$338 + tax NM

PURPLE/BLUE: Mon./Wed.,3:30-5pm

Fees: \$260+tax TM/\$312+tax AM/\$338+tax NM

ORANGE 3*/GREEN 3*: Mon./Wed., 3:30 – 5pm **Fees:** \$260 + tax TM/\$312 + tax AM/\$338 + tax NM

NAVY/SILVER*: Tues./Thurs.3:30-5pm

Fees: \$260 + tax TM/\$312 + tax AM/\$338 + tax NM

GOLD*: Tues./Thurs.5 – 7pm

Fees: \$284+tax TM/\$340+tax AM/\$369+tax NM

*Pros approval needed.